

# Tools for Mentoring Adolescents:

*Especially for  
Mentors and  
Mentees!*

## #10 What's Hot? What's Not?

Understanding each other's worlds and cultures is important for the development of a meaningful mentoring relationship. This work sheet can help you brainstorm with your mentee about "What's Hot? What's Not?" with today's youth and adults. You can share your own preferences and tastes now or when you were your mentee's age. You might find that you have some surprising similarities and/or some major differences.

	<i>What's Hot?</i>		<i>What's Not?</i>	
	Mentee's peers	Mentor's peers	Mentee's peers	Mentor's peers
<b>Fashion</b>				
<b>Music</b>				
<b>Entertainment (Movies, books, games, etc.)</b>				
<b>Hairstyles</b>				
<b>Food</b>				
<b>Language (especially slang)</b>				
<b>Other</b>				