Uncommon Good Connect to College Mentoring Program

A Year of Activity Ideas

How do mentors and mentees spend their time together? The particular activities can be almost anything depending on your particular interests. It’s important to try to get your mentee to play a role in deciding on the activity. Keep in mind that activities should be fun, educational, and/or cultural, and free or low cost. Start off with fun activities until you are closer with your mentee. Here are a few suggestions.

1. Set mentoring goals
2. Talk about life goals
3. Talk about career goals
4. Create or revise a resume
5. Learn about a cultural/religious holiday that neither you nor your tutee celebrate
6. Research the life of a hero/idol
7. Share favorite hobbies
8. Learn a language together
9. Create a science project
10. Create a dream career list- then research what it takes to get there
11. Play board games
12. Go to the movies (or rent one) and discuss them
13. Play catch, shoot hoops, or toss a football
14. Ride bikes
15. Find interesting information on the internet
16. Watch T.V. and discuss
17. Eat at a college dining hall or a restaurant
18. Go bowling
19. Make a scrapbook
20. Share a photo album
21. Go to a basketball or baseball game (Dodgers, Angels, or Quakes)
22. Go to a museum or visit the Folk Music Center
23. Read a book together (try something like Harry Potter or The Hunger Games, or share one of your favorites)
24. Get involved in a community service project
25. Volunteer at a homeless shelter or food bank
26. Write a story together (you start, the mentee continues, and then take turns)
27. Do arts and crafts projects
28. Have a picnic
29. Listen to or make your own music
30. Shop for food and cook a meal
31. Do activities on a college campus (swim, play billiards, take a tour, visit a lab, etc.)
32. Take photographs together
33. Do homework (although only occasionally)
34. Go to a concert or play
35. Go to the library
36. Do gardening together
37. Do woodworking together
38. Talk about your first job
39. Give a tour of your current job
40. Play in the park
41. Go bargain hunting
42. Play miniature golf
43. Talk about the future
44. Visit the Mt. Baldy Visitor’s Center
45. Visit the Rancho Santa Ana Botanical Gardens
46. Go hiking in the foothills
47. Go to the batting cages
48. Make greeting cards to give to other people
49. Make a collage
50. Share your favorite music
51. Just talk about your mentee’s week
52. Plan a dream vacation